

Alcohol and other drug support services

Quick Reference Guide
Adults | Youth | Families



the place
to live

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24-Hour Crisis Helplines

In an emergency call **000**

DirectLine Counselling,
Information and Referral
1800 888 236

North Western
Mental Health Triage
1300 874 243

Lifeline **13 11 14**

Suicide Helpline **1300 651 251**

Kids Helpline **1800 55 1800**

Women's Domestic Violence
Crisis Service **1800 015 188**

Child Protection **1300 664 977**
or after hours **13 12 78**

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Do You or Someone You Know Have a Problem with Alcohol or Other Drugs?

Alcohol and other drug abuse can affect people of all ages, including their families. It can result in social, psychological, physical and legal problems.

Help is available.
Call DirectLine on **1800 888 236** or contact the support services in this booklet that suit you best.

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Support Services

ReGen Uniting Care
9386 2876

Turning Point Alcohol
and Drug Centre
www.counsellingonline.org.au

Odyssey House **9420 7600**

Cannabis Information and
Helpline **1800 30 40 50**

Darebin Community Health

Needle and Syringe Outreach
Program **0418 545 789**

Pharmacotherapy Prescribing
Service **9485 9000**

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Notes

Culturally Specific Services

Victorian Aboriginal Health Service (VAHS) **9403 3300**

Victorian Aboriginal Community Controlled Health Organisation (VACCHO) **9411 9411**

Asylum Seeker Resource Centre **9326 6066**

Centre for Multicultural Youth **9340 3700**

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Support Services for Youth

Kids Help Line **1800 55 1800**
www.kidshelp.com.au

YoDAA - Youth Drug and Alcohol Advice **1800 458 685**
www.yodaa.org.au

Youth Support and Advocacy Service (YSAS) **www.ysas.org.au**

Headspace Collingwood **9417 0150**

eHeadspace **1800 650 890**
www.eheadspace.org.au

ReachOut
www.reachout.com

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Support Services for Families

Family Drug Help **1300 660 068**

Parentline **13 22 89**

Child FIRST North East **9450 0955**

Darebin Family Services **9481 9520**

Rehabilitation and Family Therapy (RAFT), Merri Community Health **9355 9900**

Odyssey House Family Eclipse Program **9420 7600**

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Support Groups

ReGen Uniting Care **9386 2876**

Family Drug Help Support Groups **9573 1777**

Al-anon Family and Alateen Youth Groups **1300 252 666**

Smoking QUIT Line **13 78 48**

Alcoholics Anonymous **1300 22 22 22**

Narcotics Anonymous **9525 2833**

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Additional Services

Haven; Home, Safe Preston **9479 0700**

Darebin Community Legal Service **9484 7753**

Victorian Aboriginal Legal Service **1800 064 865**

Berry Street Northern Region Family & Domestic Violence Service **9450 4700**

Melbourne Sexual Health Centre **9341 6200**

Gambler's Help **1800 858 858**

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CITY OF DAREBIN

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E mailbox@darebin.vic.gov.au
darebin.vic.gov.au



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