

# SERVICES OUTSIDE DAREBIN

## CHURCH OF ALL NATIONS

**Where:** 180 Palmerston Street, Carlton

**When:** Tuesdays, Wednesdays and Thursdays 10am -12pm

**Available:** emergency relief, selection of food from pantry (monthly), vouchers are available on case-by-case basis, assistance with Myki day pass (once every 3 months), pharmacy expenses (3 months), Telstra landline bills (annually), advocacy, referrals and counselling

**Things to know:** Current ID is essential

**Contact:** 9347 7077

## GAMBLER'S HELP NORTH AND NORTH WESTERN

**Where:** Your Community Health 42 Separation Street, Northcote

**When:** Monday and Thursdays by appointment

**Available:** Financial Counselling and Therapeutic Counselling

**Contact:** T: 1300 133 445

## HOME AT LAST

**Where:** Housing Information Centre 1st Floor, Ross House, 247-251 Flinders Lane, Melbourne

**When:** Monday to Friday 10am-4pm

**Available:** access to secure, affordable and appropriate housing for older people

**Things to know:** Appointment preferred

**Contact:** 1300 765 178

## LAUNCH HOUSING

**Where:** Mezzanine Level, 145 Smith Street, Fitzroy

**When:** Monday to Friday 9am-5pm

**Available:** Housing support and advocacy for people sleeping rough in the Darebin, Moreland and Yarra areas

**Things to know:** Appointment preferred, but not necessary

**Contact:** 9288 9800 or Opening Doors

# FREE AND CHEAP MEALS AT A GLANCE

## CHURCH OF ALL NATIONS

**Where:** Drop-In Centre (enter from the rear, north side of the Church) 180 Palmerston Street, Carlton

**When:** Lunch every Tuesday (except Public Holidays) 11.30am-1pm

**Cost:** \$1

## COLLINGWOOD SOUP VAN

**Where:** Corner of Smith and Stanley Streets, Collingwood

**When:** Dinner - Sunday, Tuesday, Thursday and Friday 7.30pm

**Cost:** Free

## CROSSWAYS

**Where:** Level 1, 123 Swanston Street, Melbourne

**When:** Lunch and Dinner - Monday, Tuesday, Wednesday, Thursday, Friday, Saturday 11.30am-8pm

**Cost:** \$7.95, Concession \$5.95 (add 50 cents for take away)

## HAMODAVA CAFÉ

**Where:** 69 Bourke Street, Melbourne 3000; Ph. 9653 3213

**When:** Breakfast and Lunch- Monday, Tuesday, Wednesday, Thursday and Friday 9am-1pm

**Cost:** Free

## HARE KRISHNA TEMPLE

**Where:** 197 Danks Street, Albert Park 3206

**When:** Daily - Breakfast (8.30am), Lunch (1pm) and Dinner (5.30pm)

**Cost:** Free

## HARTLEY'S COMMUNITY DINING

**Where:** Ground Floor, 211 Chapel Street, Prahran; Ph. 9692 9500

**When:** Monday, Tuesday, Wednesday, Thursday and Friday - Lunch 11am-2pm, Breakfast (June to August only) 7.30am-9.30am

**Cost:** \$4

## MATTHEW TALBOT SOUP VAN

**Where:** All Saints Church King William Street, Fitzroy

**When:** Dinner- Daily 7.45pm-8pm

**Cost:** Free

## OPEN DOOR

**Where:** 27 Alfred Crescent, Fitzroy North

**When:** Dinner - Sunday, Tuesday and Thursday 6.30pm-7.30pm

**Cost:** Free

**Contact:** 9857 7977

## OZANAM COMMUNITY CENTRE

**Where:** 268 Abbotsford Street, North Melbourne 3005; Ph. 9329 6733

**When:** Daily - Breakfast (9.15am-10am), Lunch (12pm-1pm)

**Cost:** Free

# EMERGENCY RELIEF & FINANCIAL ASSISTANCE IN DAREBIN



the place to live

**CITY OF DAREBIN**

**National Relay Service**  
TTY dial 133 677 or  
Speak & Listen 1300 555 727  
or iprelay.com.au, then enter  
T 03 8470 8888

**Speak your language**  
T 8470 8470

274 Gower Street, Preston  
PO Box 91, Preston, Vic 3072  
T 8470 8888 F 8470 8877  
E mailbox@darebin.vic.gov.au  
darebin.vic.gov.au

**24 HOUR CRISIS HELPLINES**

**In an emergency call: 000**

**Life Line:** 131 114  
**Beyond Blue:** 1300 224 636  
**Suicide Line:** 1300 651 251

**Kids Help Line (5-25yrs):** 1800 55 1800

**Maternal and Child Health**  
(24 hour, 7 days a week service): 13 22 29

**ST VINCENT DE PAUL WELFARE LINE**

**Available:** Food parcels, food vouchers, Telstra vouchers, help sourcing furniture and household items, referral to other services, such as No Interest Loans financial counselling and rent assistance

**When:** 10am-3pm

**Things to know:** Assessment and referral to Local Conference members in Reservoir, Preston, Thornbury

**Contact:** 1800 305 330

**24 HOUR CRISIS HELPLINES**

**ST MARY'S HOUSE OF WELCOME**

**Where:** 165 - 169 Brunswick Street, Fitzroy 3065; Ph. 9417 6497

**When:** Breakfast and Lunch - Monday, Tuesday, Thursday and Friday 8.30am-3.30pm, Wednesday and Saturday 8.30am-1.30pm

**Cost:** Free

**SACRED HEART MISSION**

**Where:** 87 Grey Street, St Kilda; Ph. 9537 1166

**When:** Weekdays - Breakfast 8.30am-10am, Lunch 11.45am-1.15pm, Weekends - Breakfast 9am-10am, Lunch 11.45am-1.15pm

**Cost:** Free

**ROSIE'S VAN**

**Where:** Flinders Street Station

**When:** Supper - Wednesday 8.30pm-10.30pm and Friday 9.15pm-11.30pm

**Cost:** Free

**FATHER BOB MAGUIRE COMMUNITY MEAL**

**Where/when:** Alma Park, St Kilda (Monday 6.30pm), Corner of Farrell and Princes Street, Port Melbourne (Tuesday and Friday 6.30pm), Courtyard of 200 Dorcas Street, South Melbourne (Wednesday 7pm), The Peanut Farm Reserve Chaucer Street, St Kilda (Sunday 6.30pm)

**Cost:** Free

**DEPARTMENT OF HUMAN SERVICES - CONCESSIONS UNIT**

**Available:** Disability, financial and welfare, hardship, health concessions

**Things to know:** Concessions are available to low income Victorians experiencing difficulty in paying their council rates, water, gas and electricity bills. Discounts are available on essential services to ease the financial burden. For each concession and/or benefit, there is an eligibility criterion. Concessions programs are designed to ensure eligible cardholders have access to essential services

**Contact:** General Advice Line 1800 658 521

**CONSUMER ACTION LAW CENTRE**

**Available:** General advice line  
**Contact:** 9629 6300

**CONSUMER AFFAIRS VICTORIA**

**Available:** General information line  
**Contact:** 1300 558 181

**DAREBIN SERVICE CENTRE - CENTRELINK AND MEDICARE**

**Where:** 251 Murray Road, Preston

**When:** Monday, Tuesday, Wednesday, Thursday and Friday 8.30am-4.30pm

**Available:** Digital Services include Medicare, Centrelink and Child Support. Assisted Services include Medicare and Centrelink

**Contact:** 132 468 (Recorded Information)

131 202 (Language Assistance)

131 450 (Translating and Interpreting Service)

**FOR ANY QUESTIONS ABOUT THIS RESOURCE PLEASE CONTACT:**

Faten Mohamed  
Community Development Officer  
8470 8552  
Faten.Mohamed@darebin.vic.gov.au



# SERVICES WITHIN DAREBIN

📍 Food services   📍 Material assistance   📍 Health services

## 5 Northern Community Church of Christ

**Where:** 81 High Street, Preston  
**When:** Monday, Tuesday, Wednesday and Thursday 12.30pm  
**Available:** Community lunch  
**Things to know:** \$4 donation (if you bring a container a takeaway meal is often available for \$3)  
**Contact:** 9484 4788

## 6 Reservoir Neighbourhood House

**Where:** 2B Cuthbert Road, Reservoir  
**When:** Monday-Thursday 9am-4pm (excluding school holidays), free light meal every Monday and free hot meal on the 4th Wednesday of every month (excluding school holidays)  
**Available:** Free meals and take away food relief (when available)  
**Things to know:** RNH is a drop-in centre and main purpose is to welcome all community members. Visitors do not have to be doing a course to visit and free coffee and tea facilities are available. Addressing issues around social isolation, mental and physical health, unemployment and any other issues that cause people to feel alone  
**Contact:** 9462 4611

## 7 Salvation Army Family Support Services

**Where:** 263 Gower Street, Preston  
**When:** Monday, Tuesday, Wednesday and Thursday 9.30am-3pm  
**Available:** food vouchers, food parcels, financial counselling program, No Interest Loans (NILs), advocacy, lunch every Thursday (12pm-1pm)  
**Things to know:** appointment is necessary, Thursday lunch is \$2  
**Contact:** 9471 9111

## 8 Span Community House

**Where:** 64 Clyde Street, Thornbury  
**FRUIT PICK UP**  
**When:** Wednesdays 1pm-3.30pm  
**Available:** Fresh fruit  
**Things to know:** Bring bags to take home fresh fruit  
**COMMUNITY LUNCH**  
**When:** Second Wednesday of each month 12.30-2.30pm  
**Available:** Two course home cooked meal  
**Things to know:** Please RSVP for catering purposes  
**Contact:** 9480 1364 or info@spanhouse.org

## 9 St Vincent de Paul Stores

**9A Preston Vinnies**  
 596-598 Plenty Road Preston (Corner Plenty Road and Wood Street)  
**9B Northcote Vinnies**  
 368 High Street, Northcote (Corner High Street and Separation Street)

## 10 Lentil As Anything

**Where:** 562-564 High Street, Thornbury  
**When:** Lunch 11am-3.15pm, Dinner 6pm-9pm  
**Cost:** Pay as you feel  
**Contact:** 0406 101 81

## 11 The Bridge Preston

**Where:** 218 High Street, Preston  
**When:** Lunch every Friday 12pm-1pm  
**Cost:** \$2  
**Things to know:** Bring your own container (occasional take-home available for \$1)  
**Contact:** 9484 5806

## 12 Thornbury Community Kitchen

**Where:** Salvation Army Hall, 710 High Street, Thornbury  
**When:** Dinner every Friday evening 6pm-7.30pm  
**Cost:** Free  
**Contact:** 9484 5806

## 1 Anglican Parish of Jika Jika - Darebin Community Canteen

**Where:** Corner of High Street and Murray Road, Preston  
**When:** Every Saturday 12.30pm  
**Available:** Free community meals  
**Things to know:** Bring bags to take home food parcels of fresh fruit and vegetables after lunch  
**Contact:** darebincommunitycanteen@gmail.com

## 2 Darebin Information Volunteer and Resource Service (DIVRS)

**Where:** 285-287 High Street, Preston  
**When:** Monday, Tuesday, Wednesday and Friday, 10.30am-3pm  
**Available:** Limited foodbank parcels available daily (except Thursday) without appointment providing eligibility. Emergency relief, tax return information, community counselling, general case work, no interest loans (NILS), volunteer resource, urban food program, learner driver mentor program (L2P), food vouchers, fresh food on Mondays, bread on Tuesdays and Fridays no appointment necessary  
**Things to know:** Appointments necessary for all voucher assistance, appointments only made on Thursday by phone or at Preston office (strictly limited), bring cloth bags to reduce plastic usage  
**Contact:** 9480 8200

## 3 Encompass Care - Emergency Food Crisis Centre

**Where:** 31-61 McLeans Road, Bundoora (Food Crisis Centre & Community Café)  
**When:** Food Crisis Centre - every Tuesday 9am-3pm & Wednesday 9.30am-12.30pm  
**Community Café:** every Tuesday 10am-12pm  
**Available:** Encompass Care provides emergency relief and support to low-income earners in the Northern Suburbs of Melbourne and the Whittlesea Shire  
**BREAKFAST PROGRAM**  
**Where:** Norris Bank Primary School, 146 Settlement Road, Bundoora  
**When:** Every Tuesday 8am-9am  
**Things to know:** Families in crisis with a current health care card are eligible to receive a food parcel  
**Contact:** 9467 6777

## 4 Haven; Home, Safe

**Where:** 52-56 Mary Street, Preston  
**When:** Monday, Tuesday, Wednesday, Thursday and Friday 9am-5pm  
**Available:** Access point for people experiencing homelessness and housing related issues including housing information and advocacy, assessment of Housing and Support needs, referral to crisis accommodation and specialist support services, limited financial assistance to establish or maintain rental tenancies  
**Things to know:** Appointment is necessary  
**Contact:** 9479 0700

## 13 Your Community Health

**12A East Reservoir Health Centre**  
 125 Blake Street, Reservoir  
**12B East Reservoir Community Hub**  
 1/44 Whitelaw Street, Reservoir  
**12C Northcote Health Centre**  
 42 Separation Street, Northcote  
**12D PANCH Health Centre**  
 300 Bell Street Preston  
**Available:** Medical, dental and allied health services and support programs. Some services and activities may be available in your home or in community settings. We prioritise access to:  
 • Aboriginal and Torres Strait Islanders  
 • Newly arrived Refugees and Asylum Seekers  
 • Children under 12 (with support to their parents and carers)  
 • Adults aged 65 or over  
 • People who are socioeconomically disadvantaged  
 • People with chronic or complex conditions  
 • People who live in unsafe or insecure environments  
 • People living with a disability  
**Things to know:** Your Community Health was formerly Darebin Community Health  
**Contact:** 8470 1111 or info@yourcommunityhealth.org.au

## 14 Work For The Soul

**FOOD FOR THOUGHT**  
**Where:** 2/73 Gower Street, Preston  
**When:** Mon-Thurs 10am-4pm, Saturdays from 10am-3pm  
**Available:** Food relief parcels and emergency relief vouchers (please call to confirm availability)  
**Things to know:** Parcels are available by weekly order cut off time is 12.30 Mondays - surplus parcels may be available and can be requested via phone or internet. Vouchers are available to other support agencies and to via self-referral. Vouchers are redeemable in our Charity Op Shop (no cash vouchers are distributed).  
**Contact:** 9478 0888 or 0418 297 265

