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# 2017-2021 Health and Wellbeing Plan

Annual Action Plan 2017/18

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<b>Goal 1: Create equitable, healthy and sustainable neighbourhoods</b>				
<b>Objective 1.1 Establish health and wellbeing considerations for the planning and design of Darebin's built and natural environment</b>				
<b>Strategy</b>	<b>Action</b>	<b>Lead Department</b>	<b>Output / Outcomes</b>	<b>Resources required</b>
Health and wellbeing principles are embedded in all strategic planning and urban design policies	Advocate changes to the Healthy Neighbourhoods State and Local Planning Policy Framework to achieve healthy city outcomes	Strategic Planning and Public Place	Increase in perceptions of safety in public areas by 5% (both during the day and at night)	Within existing resources
	Incorporate Australian Design Guidelines into relevant Master Plans underpinning the upgrade of existing buildings; development of new buildings and the introduction of changes to the natural environment.	Strategic Planning	Increased physical access in the built and natural environment for residents and visitors to Darebin.	Within existing resources
Investigate restricted land use that has a detrimental impact on health and wellbeing outcomes of residents, including gaming machines, fast food, brothels and liquor outlets	Investigate options to address land use that has a negative impact on health and wellbeing	Strategic Planning	Report includes list of recommendations and examples of best practice	Within existing resources
	Provide community wellbeing and social impact assessments on all liquor outlets and electronic gaming machine applications in neighbourhoods of significant economic and social disadvantage	Community Wellbeing Equity and Diversity	Liquor and EGM objections lodged	Within existing resources
Ensure the Victorian Charter for Human Rights is reflected in all of Council's strategic and social planning	Review and update Council's Equity and Inclusion Framework to strengthen Human Rights provisions and obligations	Equity and Diversity	All departments in Council are aware of the Equity and Inclusion Framework and identified attribute groups across life stages in order to effectively address social	Within existing resources

			exclusion, reduce inequality and discrimination and promote greater participation in community life.	
	Review Council's Equity, Inclusion and Wellbeing Audit Tool and apply as part of organisational integrated planning	Equity and Diversity Community Wellbeing	Council's integrated planning reflects commitments under Child Friendly Cities, Age Friendly Cities, Healthy Cities, welcoming cities and Victorian Charter for Human Rights and Responsibilities	Within existing resources
<b>Objective 1.2 Create and maintain neighbourhoods that support safe and accessible open space</b>				
Advocate for diverse transport options and services in communities with limited public transport infrastructures, especially in the neighbourhoods where there is significant social and economic disadvantage	Advocate to State Government for a high level of service for public transport to be provided across all of Darebin.	Transport	Partner with Metropolitan Transport Forum to advocate for improvements to bus services across Darebin and throughout the Metro area	Within existing resources
	Deliver the Walk to School Month program across Darebin	Transport Darebin Schools	Up to 20 schools participate each year Maintain the participation rate of students walking to school as part of Walk to School Month at above 25% for each school	Within existing resources
	Deliver the Ride2Work Day program across Darebin with workplaces	Transport Darebin businesses	20 business / workplaces participate each year	Within existing resources
Strengthen partnerships with schools, neighbourhood centres, community groups and local residents in order to maintain parks and facilities	Facilitate and encourage community participating in environmental literacy in maintenance of parks and playground and public infrastructures at the following locations: <ul style="list-style-type: none"> <li>• Woolhouse Reserve – Croxton Special School</li> <li>• Former Ruthven Primary School Reserve (Master Plan)</li> <li>• Bundoora Park</li> <li>• Darebin Parklands</li> </ul>	Public Places	Local communities and neighbourhoods participate in activities	Within existing resources

Support and advocate for the delivery of safe open spaces where local people are actively involved in the development processes and which allow people to gather, exercise, relax, play and interact in their local neighbourhood	Establish the Darebin Nature Trust	Public Places	Change of open space and local biodiversity is measured as a baseline	Within existing resources
	Undertake research to consider Darebin to be accredited as World Health Organisation Safe Community	Community Wellbeing	Literature review is completed	Within existing resources

**Goal 2: Create lifelong learning, educational and employment opportunities for all Darebin people**

**Objective 2.1 To facilitate improved access and opportunities to employment pathways for disadvantaged adults and young people**

Strategy	Action	Lead Department and Partner	Output	Resources require
Strengthen outreach, relationships and supports to ensure employment pathways are increased in neighbourhoods that experience economic and social disadvantage	Implement and monitor the Darebin Aboriginal and Torres Strait Islander Employment Strategy	People and Development	Develop and implement a mentoring program for ATSI employees with increased employment opportunities for local ATSI community	Within existing resources
	Develop and promote a local social enterprise directory whose work is supporting high needs community groups to Darebin business	Economic Development Neighbourhood Houses	Social enterprise Online directory developed with local businesses	Within existing resources
Facilitate partnerships with youth organisations and Darebin businesses to provide employment pathways	Review relevant recruitment policies at Council such as the Reasonable Adjustment Policy to ensure they support current and future employees with a disability.	People and Development	Improved employment outcomes for Darebin residents with a disability. Increased number of students with a disability are offered placements through local businesses including Council.	Within existing resources
	Partner with Northland Shopping Centre through their Employment Week and Youth Jobs	Youth Services Northland Shopping	Employment week and Youth Jobs is delivered in partnership, with 4 new	Within existing resources

		Centre	businesses participating	
	Deliver a youth employment and participation dividend, whereby all contracted business to include 10% of all council related work either be provided to or assist in the development of employability skills and or training to young people aged between 15-25	Procurement and Contracts, Youth Services	Support young people between the ages of 15-25 to gain employment through the development of employability skills and or relevant training	Within existing resources
Strengthen, collaborate and advocate with Darebin's partners in their ongoing effort to provide accessible adult education and employment skills	Support and promote Neighbourhood Houses lifelong learning opportunities across Darebin	Community Wellbeing  Darebin Neighbourhood House Network	Neighbourhood Houses information is available at Darebin Centres, facilities and services.	Within existing resources
	Work in partnership with local community education providers to provide learning programs at the East Preston Community Centre to improve community participation and social inclusion	Community Wellbeing  PRACE	Information of the programs is available Minimum one program is evaluated to measure impact and outcome	Within existing resources
<b>Objective 2.2 To facilitate equitable lifelong learning opportunities for disadvantaged adults, young people and children</b>				
Develop lifelong learning opportunities in partnership with local residents in priority communities which experience poorer health outcomes	At least two Council initiatives that address local wellbeing priorities and carried out in ways that build on local skills and reinforce local strengths and decision-making	Community Wellbeing	Documentation of topics/initiatives and feedbacks of the projects.	Within existing resources
	Review and enhance Darebin Libraries health and wellbeing collections and expand promotion to ensure availability and awareness of relevant resources for the community	Community Experience and Learning	Increase awareness and use of health and wellbeing resources that educate and inform the community	Within existing resources
Support and advocated for ongoing improvements to the experiences of children and their families who experience educational disadvantage in their transition from early years	Develop whole-of- Council partnerships with at least three secondary schools annually which include programs in reponse to key health and wellbeing priorities for young people	Community Wellbeing  Darebin Schools, Inner Northern Local Learning and Employment Network (INLLEN)	Number of schools, programs in each school and feedbacks	With existing resources (for example Community Development Grants program)

services to primary schools to secondary schools	Strengthen partnership and development at least two initiatives annually with schools and other education service providers	Community Wellbeing	Documentation of topics and feedbacks of the projects.	Within existing resources
Support young people who are disengaged from education and training to make enduring connection with their schools, have appropriate learning opportunities, and wellbeing as part of early intervention	Establish an annual youth training calendar and Evaluate impact and outcomes of the training programs	Youth Services	Online calendar is available At least 10% of the activities that are listed are evaluated.	Within existing resources

### Goal 3: Improve the emotional and social wellbeing of all Darebin people

#### Objective 3.1 To strengthen community connectedness across our neighbourhoods

Strategy	Action	Lead Department and Partner	Output	Resources require
Provide community connections through the arts, physical activity, early years, schools, neighbourhood community activities, events, information and communication technology, and volunteering	Review the Darebin Community Support Program criteria to include and strengthen health and wellbeing outcomes	Community Wellbeing	Sets of recommendations to improve accountability and streamline Councils provision of community grant.	Within existing budget and resources
	Continue to promote and facilitate ongoing whole-of schools programmes in building children and young people's resiliency capacities, including trauma-informed, positive education models such as the Berry Street Education Model	Community Wellbeing Community	Three schools annually adopting Berry Street Education Model	Within existing resources
Maintain Council's roles in effectively supporting the work of agencies and organisations serving high needs residents	Undertaking mapping of Council work in Closing the Gap Project – focusing on improving wellbeing outcomes for Aboriginal and Torres Strait Islander	Equity and Diversity  Closing the Gap	Report includes detail of Council's works in relation to Closing the Gap.	Within existing resources

	Lead the application process for Darebin to apply for the Vichealth Bright Futures funding for young people 2017-2018	Youth Services	Funding application submit	Within existing resources
Collaborate with community agencies and schools on effective campaigns to promote the mental health and wellbeing of young people	Establish a co-located model at the Darebin Youth Access Hub that includes partners that provide mental health services	Youth Services YSAS, NEAMI, Headspace	Improvement in referral options and improve information relay.  Number of young people participation in Youth citizen Jury and the projects	Within existing resources
	Utilise existing campaigns (e.g. RUOK day and Mental Health Week) to support schools and community organisations raise the awareness regarding mental health supports for youth	Youth Services YSAS, NEAMI, Headspace	New connection between Darebin Youth Services	Within existing resources
	Utilises Darebin School and out of school care network in promoting mental health activities	Community Wellbeing Department of Health and Human Services	Numbers of initiatives/activities and feedback	Within existing resources
	Undertake a youth resilience survey in Darebin	Youth Services Resilience Youth, INLLEN	Survey is implemented and baseline data collected	\$10k allocated in 2017/18
<b>Objective 3.2 To promote freedom from discrimination and violence</b>				
Work in collaboration with identified local communities and settings who experience social and economic disadvantage,	Investigate the needs of social needs of residents in East Reservoir and East Preston and deliver initiatives to effectively address the service gaps using a place based approach.	Community Wellbeing	Documentation of topics/initiatives and feedbacks of the projects.	Within existing resources
	Explore further youth outreach requirements within these communities and establish a regular schedule.	Youth Services	Report and recommendations	Within existing resources
	Pilot a Global Sisters School program to support women to become financially independent, as part of the women's leadership commitment	Economic Development Community Wellbeing	20 Darebin women are supported to participate in the global sisters business school	Within existing resources

		Global sisters	program	
Work in partnership with key stakeholders, agencies and community to address and respond to family violence and to prevent violence against women	Implement Council's Creating Gender Equity in the Early Years tools and resources with three early years sites	Children and Community Development  Community Wellbeing  Women's Health In the North, Your Community Health	Piloted at three sites across Darebin	Within existing resources
	Work in partnership with key stakeholders, agencies and community to implement aspects of the regional preventing violence against women action plan, <i>Building a Respectful Community</i>	Community Wellbeing  Women's Health In the North, Your Community Health	One community based preventing violence against women initiative implemented annually	Within existing resources
	Develop partnerships with local community agencies with a view to exploring the development of an Elder Abuse Prevention Network in Darebin	Aged and Disability  Senior's Rights Victoria	Initiate 3 partnership meetings to explore the relevance and need for an Elder Abuse Network in Darebin	Within existing resources
Provide place-based community development in neighbourhoods that experience social and economic disadvantage in ways that respond to exclusion and discrimination, for priority populations	Use existing partnerships to promote food social enterprises for refugees and asylum seekers	Equity and Diversity  Neighbourhood Houses, Darebin Information Volunteer Referral Service (DIVRS)	Two supported food social enterprise established	Within existing resources
	Identify and deliver two youth events in specific neighbourhoods that engage young people who experience exclusion	Youth Services  Neighbourhood Houses	Documentation of events and feedback.	Within existing resources
	Pilot infant and child-centred community development in East Reservoir, in collaboration with East Reservoir Neighbours for Change local early years' service providers, local schools, other relevant local organisations and local families	Community Wellbeing  East Reservoir Neighbours for Change, Schools	Documenting topics/initiatives and feedback of the project	Within existing resources



## Goal 4: Improve the physical of all Darebin people

### Objective 4.1 Increase access to affordable and healthy food

Strategy	Action	Lead Department and Partner	Output	Resources require
Provide ongoing advocacy to all tiers of government to increase emergency relief and material aid across Darebin	Issues affecting food security are raised through regional advocacy discussions and/or conferences	Community Wellbeing	At least one presentation is delivered	Within existing resources
	Develop food initiatives in East Preston and East Reservoir, to increase emergency relief available	Community Wellbeing DIVRS	Two new food initiatives implemented in East Preston and East Reservoir	Within existing resources
Support and promote initiatives that contribute to health eating and access to affordable food	Work in partnership with North East Primary Care Partnership members to establish consistent messaging and shared indicators for the <i>Healthy Drinks Campaign</i>	Community Wellbeing Your Community Health and NEPCP	North East Primary Care Partnership Health Drinks Campaign Alliance is signed by authorised officer.	Within existing resources
	Pilot a <i>Drink Water</i> campaign at Northland Shopping Centre	Community Wellbeing Northland Shopping Centre	Businesses participate in the campaign	Within existing resources
	Provide grants to emergency relief organisations during the end of year / Christmas period to ensure community have access to low and no cost meals	Community Wellbeing Darebin Emergency Relief Network	Grants are provided to emergency relief providers to ensure community have access to meals over the holiday period	Within existing resources
	Develop and implement a nutritious food policy for all youth services events and programs	Youth Services Community Wellbeing Schools	Policy is completed and implement	Within existing resources
Work with local partners to promote healthy eating and oral health across the life stages with Maternal and Child Health, Early Years, Middle Years, Schools and the Healthy Ageing Program	Support Schools and Early Years Centres to promote the Health Achievement Program to support healthy food choices	Community Wellbeing Youth Services	Information session conducted and list of participations who will be willingly to be following up for impact and outcomes evaluation number of school	Within existing resources

	Work in partnership with Your Community health, to ensure healthy eating messages are embedded into oral health promotion activities	Community Wellbeing Your Community Health	Oral health events/activities held	Within existing resources
<b>Objective 4.2 Increase participation rates in sport and physical activity</b>				
Reduce barriers to participation in priority populations	Delivery of 10 improved crossings for pedestrians and bike riders across Darebin	Transport	10 crossings improved	Within existing resources
	Delivery of a streets for people corridor that prioritises safety and amenity for walking and riding.	Transport	1 streets for people corridor created  Increase of 12% in number of people riding on route	Within existing resources
	Increase participation by girls and young women in public space through skate and BMX partnerships	Youth Services	Girls and women participating in the program and feedback from both male and female participants towards the program.	Within existing resources
Working in partnership with key stakeholders, agencies and networks, promote opportunities for increased physical activities	Partner with Council run leisure centres and YMCA to increase physical activities for people with mental health, refugees, asylum seekers and Aboriginal men.	Equity and Diversity  YMCA, Victorian Aboriginal Health Services (VAHS)	Number of people participate, feedbacks and # of people continue in the program after the end of the program	Within existing resources
	Review Council's Sporting Fees, Charges and Occupancy Agreement Policy	Leisure Services	Revised Fees and Charges Policy is adopted by June 2018	Within existing Leisure Services budget
Continue to invest in improving infrastructure that will increase participation in sport and physical activity	Undertake facility audits in order to increase access for the following groups: <ul style="list-style-type: none"> <li>• Women and girls</li> <li>• Children</li> <li>• CALD community</li> <li>• People living with a disability</li> <li>• LGBTIQ people</li> </ul>	Leisure Services	Facility audits are undertaken to analyse and make recommendations on improvements that will reduce barriers and increase participation of priority groups	Within existing Leisure Services budget
<b>Objective 4.3 Increase awareness of the impact and harm of alcohol and tobacco</b>				

In partnership with community organisations, support and promote initiatives that contribute to increased awareness of alcohol	Ensure the delivery of consistent messaging related to alcohol literacy with partner organisations	Community wellbeing	Feedbacks and stories from partner organisations	Within existing staff, resources and budget
	Support and promote programs and initiatives among sport clubs (for example Good Sport Program) to increase awareness of physical and social harms of alcohol	Community Wellbeing	Number of sport clubs participate in the campaign and feedbacks	Within existing staff, resources and budget
In partnership with community organisations, support and promote initiatives that contribute to increased awareness of tobacco	Ensure the delivery of consistent messaging related to tobacco literacy with partner organisations	Community wellbeing VAHS and Your Community Health	Feedbacks and stories from partner organisations	Within existing staff, resources and budget
	Investigate smoke free zones within the municipality	Health Protection, Community Wellbeing	Community consultation is completed	Within existing staff, resources and budget
	Implement Deadly Dan resource in Darebin High Schools, in partnership with the Victorian Aboriginal health Service (VAHS) and Your Community Health	Community wellbeing VAHS and Your Community Health	2 High schools implemented	Within existing staff, resources and budget



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