

## CIRCLE OF SECURITY PARENTING PROGRAM

Term 2 2024

the place to live



Darebin City Council Family Support Services are offering an eight-week Circle of Security program for parents and carers of children aged 0-8 years. Research shows that children who are in a secure relationship enjoy more happiness with their parents, solve problems on their own, get along better with friends, feel less anger at their parents, have higher self-esteem, and do better at school.

This program will:

- Help you understand your child's emotional needs
- Strengthen your attachment and relationship with your child
- Give you knowledge to better respond to your child's needs

 Help you reflect on your current parenting practices

## DATE, TIME & LOCATION

Thursday 2 May - 27 June 2024 10:30am - 12:30pm Please note no session on the 23 May

Keon Park Children's Hub 1-7 Dole Avenue, Keon Park

## **BOOKINGS**

To register or for further information please contact us on **0407 102 423** (Lisa) or email family.services@darebin.vic.gov.au

Please note: no child minding available on site.

For further information please contact us at email@darebin.vic.gov.au or 8470 8888. Further text here if required.

**CITY OF DAREBIN** 

274 Gower Street, Preston PO Box 91, Preston, Vic 3072 T 8470 8888 F 8470 8877 E mailbox@darebin.vic.gov.au darebin.vic.gov.au



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