

## Choosing a volunteer role that's right for you

- Look for volunteer roles that match your interests and/or your skills
- Your capacity - ask yourself, how much time can I offer and how often?
- Does the organisation/ community group align with your values?

## Benefits of volunteering

- Increasing community connection
- Reducing social isolation
- Gaining new experiences
- Sharing your skills with others and learning new skills
- Building self-confidence
- Making new friends
- A pathway to employment
- Giving back to your community

For further information please contact us at [volunteering@darebin.vic.gov.au](mailto:volunteering@darebin.vic.gov.au) or 8470 8888.



### CITY OF DAREBIN

274 Gower Street, Preston  
PO Box 91, Preston, Vic 3072  
T 8470 8888 F 8470 8877  
E [mailbox@darebin.vic.gov.au](mailto:mailbox@darebin.vic.gov.au)  
[darebin.vic.gov.au](http://darebin.vic.gov.au)

 **National Relay Service**  
[relayservice.gov.au](http://relayservice.gov.au)

If you are deaf, or have a hearing or speech impairment, contact us through the National Relay Service.

 **Speak Your Language**  
T 8470 8470

العربية	नेपाली	हिंदी	Español
繁體中文	Italiano	ਪੰਜਾਬੀ	اردو
Ελληνικό	Македонски	Soomalii	Tiếng Việt

# VOLUNTEERING IN DAREBIN LGBTQIA+ EDITION



the place to live



# DAREBIN SUPPORTS, PROMOTES AND CELEBRATES VOLUNTEERS AND VOLUNTEER LEADERS

**Looking for ways to give back to the community? Want meet new people, learn new skills and build your resume? Volunteering could be for you.**

Volunteering can mean different things to different people. Essentially, volunteering is all about you being able to contribute some of your own time to help others.

Part of what makes Darebin so vibrant is its diverse community volunteers.

We've put together a list of LGBTQIA+ friendly volunteer programs in Darebin:

## **Bridge Queer Gathering**

A Darebin-based collective for queer and questioning people of all ages. You can expect anything from creative workshops, to local excursions, to social events, to discussion spaces and more.

Contact:  
[connect@bridgedarebin.org.au](mailto:connect@bridgedarebin.org.au)  
03 9484 5806

## **Jika Jika Trans and Gender Diverse Support Group**

A monthly, relaxing afternoon tea. Whether you're looking to connect with others or seek support, this welcoming space provides both.

Contact:  
[office@jikajika.org.au](mailto:office@jikajika.org.au)  
03 9482 5100

## **The Darebin LGBTQIA+ Advisory Committee**

Advising Darebin Council on issues and barriers to equality affecting people in the City of Darebin who identify as LGBTQIA+.

Contact:  
[diversity@darebin.vic.gov.au](mailto:diversity@darebin.vic.gov.au)  
03 8470 8446



## **Switchboard's Out & About Program**

A volunteer-based visiting program for older people who identify as LGBTQIA+ and may be lonely or socially isolated. Participants and volunteers benefit from the program through friendship and companionship. Volunteers must be 18+ years of age to apply.

Contact:  
[oaavolunteers@switchboard.org.au](mailto:oaavolunteers@switchboard.org.au)  
03 9917 3874

## **Darebin's Women's Sports Clubs**

Located in Preston, the DWSC has a proud history and culture of LGBTQIA+ inclusion. The organisation both supports and celebrates the LGBTQIA+ diversity of its players, coaches, volunteers and members, both past and present.

Contact:  
[falcons.org.au/contact-us/](http://falcons.org.au/contact-us/)