

HOW YOUR BABY MOVES IN THE FIRST YEAR

9 October 2024

the place
to live



Darebin City Council and Your Community Health (a Paediatric Physiotherapist) will present a free parenting program on baby movement and gross motor development in their first year.

Babies grow, learn and develop at different ages through play.

This program will focus on a deeper understanding of how babies develop through physical movement and play.

Activities promoting healthy child development such as tummy time, rolling, sitting, crawling, pulling up into standing position and walking will be demonstrated.

Families will have the opportunity to ask questions in an interactive discussion.

Date, Time and Location

Wednesday 9 October 2024

10am-11.30am at Northcote Family Centre
(185 High St, Northcote)

To register your interest, go to

www.darebin.vic.gov.au/support-for-parents
or scan the QR code provided below.

The Early Parenting Program service aims to be an accessible, equitable, inclusive, safe and respectful service that actively welcomes and supports the inclusion of all children and their families. We value and celebrate the diversity of families who use our service.



CITY OF DAREBIN

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National Relay Service
relayservice.gov.au

If you are deaf, or have a hearing or speech impairment, contact us through the National Relay Service.



Speak Your Language
T 8470 8470

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