

# RAISING TODDLERS PARENTING SESSION

## 30 JULY 2024



the place  
to live



How do I respond to my child's fussy eating habits? What does quality play look like? How do I settle my toddler to sleep? What books are recommended for toddlers? When should my toddler stop using a bottle or a dummy? How do I know my toddler is ready for toilet-training? How do I help my toddler cope with strong emotions? Darebin's Maternal Child Health Service and the Early Years Team are hosting a Raising Toddlers session for Darebin families with children aged 12 months - 3 years.

Families will be provided with information on the following topics; nutrition and mealtimes, bedtime routine, play and play-based learning, speech and communication, and child development.

### Date, time and location

**Tuesday 30 July 2024**, 10am-11.30am  
Reservoir East Family Centre (15 Gisborne Crescent Reservoir). Bookings essential.

**To register your interest**, please complete the Early Parenting Programs booking form at

[www.darebin.vic.gov.au/support-for-parents](http://www.darebin.vic.gov.au/support-for-parents)  
or scan the QR code provided below.

*Darebin City Council acknowledges the Wurundjeri Woi-wurrung people as the Traditional Owners and custodians of the land and waters we now call Darebin, and pays respect to their Elders, past and present. Council also recognises other Aboriginal and Torres Strait Islander people and communities who have a long-standing and unique role in the life of the Darebin municipality. The Early Parenting Program service aims to be an accessible, equitable, inclusive, safe and respectful service that actively welcomes and supports the inclusion of all children and their families. We value and celebrate the diversity of families who use our service.*



For further information please contact us at [email@darebin.vic.gov.au](mailto:email@darebin.vic.gov.au) or 8470 8888. Further text here if required.

### CITY OF DAREBIN

274 Gower Street, Preston  
PO Box 91, Preston, Vic 3072  
T 8470 8888 F 8470 8877  
E [mailbox@darebin.vic.gov.au](mailto:mailbox@darebin.vic.gov.au)  
[darebin.vic.gov.au](http://darebin.vic.gov.au)



**National Relay Service**  
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If you are deaf, or have a hearing or speech impairment, contact us through the National Relay Service.



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