

TUNING IN

Parenting session 20 August 2024

the place
to live



Why do tantrums happen? How could I respond towards tantrums? What is self-regulation? Why is it important to understand my child's emotions? How do I help my child cope with strong emotions?

Darebin Early Years Team are hosting a Tuning In parenting session for Darebin families with children aged 12 months to 4 years.

The session is interactive, and families will have the opportunity to ask questions. Families will be provided with information on topics such as, emotional regulation, big emotions (tantrums), developing emotions through play, tips and strategies on behaviour, and child development. Play spaces will be used as part of the program.

Date, time and location

Tuesday 20 August 2024, 10am - 11.30am
Reservoir East Family Centre (15 Gisborne Crescent Reservoir). Bookings essential.

To register your interest complete the Early Parenting Programs Booking Form at www.darebin.vic.gov.au/support-for-parents or scan the QR code below.

The Early Parenting Program service aims to be an accessible, equitable, inclusive, safe and respectful service which actively welcomes and supports the inclusion of all children and their families. We value and celebrate the diversity of families who use our service.



For further information please contact us at email@darebin.vic.gov.au or 8470 8888. Further text here if required.

CITY OF DAREBIN

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Speak Your Language
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