

# CIRCLE OF SECURITY PARENTING PROGRAM

Term 4 2024

the place  
to live



Darebin City Council Family Support Services are offering a six week Circle of Security program for parents and carers of children aged 0-8 years. Research shows that children who are in a secure relationship enjoy more happiness with their parents, solve problems on their own, get along better with friends, feel less anger at their parents, have higher self-esteem, and do better at school.

This program will:

- Help you understand your child's emotional needs
- Strengthen your attachment and relationship with your child
- Give you knowledge to better respond to your child's needs

- Help you reflect on your current parenting practices

## DATE, TIME & LOCATION

Every Friday **11 October - 15 November 2024**  
10:00am - 12:00pm

Keon Park Children's Hub (meeting room)  
1-7 Dole Avenue, Reservoir

## BOOKINGS

To register or for further information please contact us on **0407 102 423** (Lisa) or email [family.services@darebin.vic.gov.au](mailto:family.services@darebin.vic.gov.au)

Please note: no child minding available on site.

For further information please contact us at [email@darebin.vic.gov.au](mailto:email@darebin.vic.gov.au) or **8470 8888**. Further text here if required.

### CITY OF DAREBIN

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**National Relay Service**  
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If you are deaf, or have a hearing or speech impairment, contact us through the National Relay Service.



**Speak Your Language**  
T 8470 8470

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