

Raising Babies Parenting Session

20 February 2025

the place
to live



How do I introduce solids to baby? What does baby play look like? How do I settle my baby to sleep? What type of books do babies like? When should my baby stop using a bottle or a dummy? How do babies learn to speak? When will my baby learn to crawl or walk?

Darebin's Maternal Child Health Service and the Early Years Team are hosting a Raising Babies session for Darebin families with children aged 0-12 months. This session will provide families with information on the following topics:

- feeding, nutrition and introducing solids
- sleep and settling
- play and play-based learning
- speech and communication
- fine and gross motor development

Date, time and location

Thursday 20 February 2025, 10am -11.30am at Reservoir East Family Centre (15 Gisborne Crescent Reservoir). Bookings essential.

To register your interest, complete the Early Parenting Programs booking form at

www.darebin.vic.gov.au/support-for-parents or scan the QR code provided below.

The Early Parenting Program service aims to be an accessible, equitable, inclusive, safe and respectful service that actively welcomes and supports the inclusion of all children and their families. We value and celebrate the diversity of families who use our service.



CITY OF DAREBIN

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National Relay Service
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